

St Thomas More Catholic Primary School

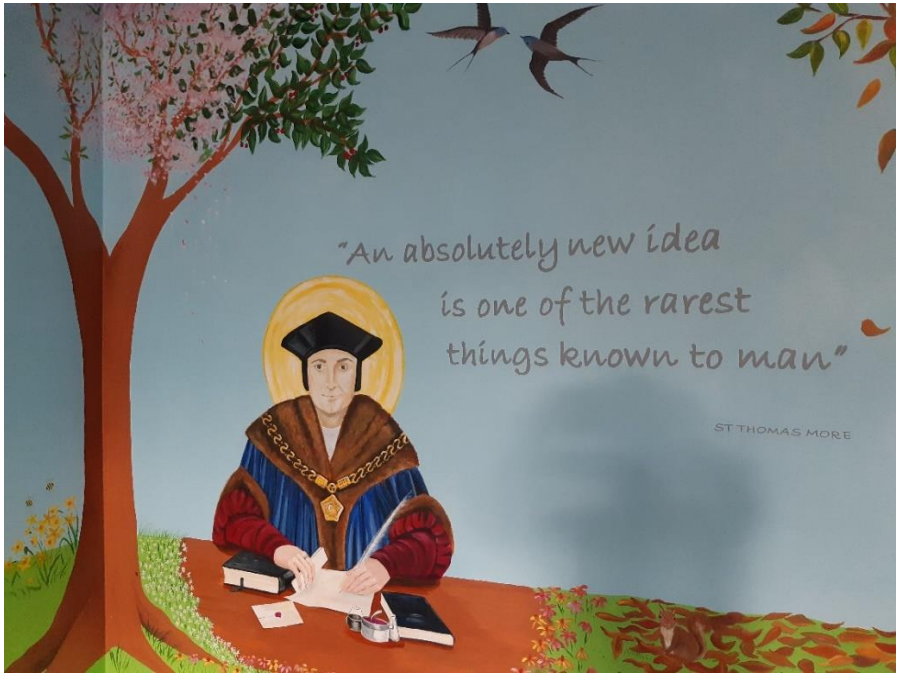
With Christ we **A**chieve, **B**elieve and **C**reate



School Prayer Book

Year 5





*"An absolutely new idea  
is one of the rarest  
things known to man"*

ST THOMAS MORE

What is prayer?

We pray when we talk and listen to God.

There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

Where can we pray?

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



## Sign of the Cross

*The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.*

*In the name of the Father and of the Son and of the Holy Spirit.*

*Amen*



### Our School Prayer

We pray our school will be a place of great discovery, adventure and creativity.

May it be a place where we love to learn and where we learn to love.

A place where everyone is respected and all are deeply valued.

We ask all this through Jesus Christ, our Lord.

Amen

### Prayer of St Thomas More

O Lord, give us a mind that is humble, quiet, peaceable,  
patient and charitable,  
and a taste of your Holy Spirit  
in all our thoughts, words and deeds.

Amen

## Our Father

*When one of the disciples asked Jesus how to pray,  
He taught us the Our Father prayer.*

*Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.*

*Amen*



## Hail Mary

*The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.*

*Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now and at the hour of our death.*

*Amen*



## Glory Be

*In this prayer, we praise the Holy Trinity: God the Father, God the Son and God the Holy Spirit.*

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen





## Act of Contrition

*We say this prayer to show God we are sorry for the times we have not done the right thing.*

O my God,  
Because you are so good  
I am very sorry that I have sinned against you  
and by the help of your grace  
I will not sin again.  
Amen



## The Confiteor

*This is another prayer we say to show God we are sorry. It is said during Mass.*

I confess to almighty God  
and to you my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault, through my most grievous  
fault;  
therefore, I ask blessed Mary, ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.  
Amen



## The Magnificat

*This is Mary's special prayer of praise to God. She prayed this when she was told she was going to be the mother of*

*My soul glorifies the Lord,  
My spirit rejoices in God, my Saviour.  
He looks on his servant in her loneliness;  
henceforth all ages will call me blessed.  
The Almighty works marvels for me.  
Holy his name!*

*His mercy is from age to age,  
on those who fear him.  
He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.*

*He fills the starving with good things,  
sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons forever*



## The Benedictus

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.  
He has raised up for us a mighty saviour  
In the house of David his servant,  
As he promised by the lips of holy men,  
Those who were his prophets from of old.  
A saviour who would free us from our foes,  
From the hands of all who hate us.  
So his love for our fathers is fulfilled  
And his holy covenant remembered.  
He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.  
As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
To prepare his ways before him.  
To make known to his people their salvation  
Through forgiveness of all their sins,  
The loving-kindness of the heart of our God  
Who visits us like the dawn from on high.  
He will give light to those in darkness,  
Those who dwell in the shadow of death,  
And guide us into the way of peace.  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be,  
world without end.  
Amen

*Regina Caeli – Queen of Heaven*

*Queen of Heaven rejoice, alleluia  
For He whom you did merit to bear all, alleluia.  
Has risen as He said, alleluia.  
Rejoice and be glad, O Virgin Mary, alleluia.  
For the Lord has truly risen, alleluia.*

*Let us pray ..*

*O God, who gave joy to the world  
through the resurrection of Thy Son, our Lord Jesus Christ,  
grant we beseech you,  
that through the intercession of the Virgin Mary, His Mother,  
we may obtain the joys of everlasting life.  
Through the same Christ our Lord.*

*Amen*



Diocesan Prayer for Vocations

Lord Jesus, send labourers into your hearts of your people,  
, vocations to the priesthood and religious life.

Bless our families with a spirit of generosity.

May those whom you call to the priesthood and religious life  
have the courage to give themselves to your Church  
as co-operators in your work.

St John Vianney: Pray for us.

Amen



## The Rosary

*The Rosary is a prayer to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be. We can use the Rosary beads to*

### ***THE JOYFUL MYSTERIES***

1. The Annunciation to Mary.
2. The Visitation to Elizabeth.
3. The Nativity (Birth of Jesus).
4. The Presentation of Jesus in the Temple.
5. The finding of Jesus in the Temple.

### ***THE LUMINOUS MYSTERIES***

1. The Baptism of Jesus in the River.
2. The Wedding at Cana.
3. The Proclamation of God's Kingdom.
4. The Transfiguration of Jesus.
5. The Institution of the Eucharist.

### ***THE SORROWFUL MYSTERIES***

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

*THE GLORIOUS MYSTERIES*

1. The Resurrection of Jesus.
2. The Ascension of Jesus.
3. The Coming of the Holy Spirit.
4. The Assumption of Mary.
5. The Crowning of Mary.





## Stations of the Cross

*In the Stations of the Cross, we walk with Jesus carrying the cross to Mount Calvary. We think of what he went through when he suffered and died to save us from sin.*

1. Jesus is condemned to death.
2. Jesus accepts his cross.
3. Jesus falls for the first time.
4. Jesus meets his mother
5. Simon helps carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.
8. Jesus speaks to the women.
9. Jesus falls for the third time.
10. Jesus stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.



## Prayer for Peace

God our Father,  
lover of all nations, we pray for peace:  
peace in our hearts and in our homes,  
peace among nations and in our world.  
Amen





*We celebrate our Masses with our Parish Priest*

*Fr. Prem*

*Let us go in Peace and announce the Gospel of the Lord.*

*Thanks be to God.*