

PE Curriculum- Intent, Implementation and Impact



At St Thomas More Primary School we value each child as an individual with a unique potential for learning. We strive to be an inclusive community where children grow, learn and achieve together in the presence of God. With a culture of equality, we aim to ensure that every child believes in themselves and are empowered to aim high.

Intent	Implementation	Impact
<p>At St Thomas More School, we understand the importance of Physical Education and School Sport have in developing the whole child. Our vision is to inspire our children to recognise the importance of living a healthy, active lifestyle through recognition of the values of teamwork, respect, honesty, determination, passion and self-belief. Our PE curriculum underpins all of the ABC's – agility, balance and coordination - that is taught and instilled within the foundation stages. Through our progressive curriculum, that is inclusive and engages all pupils, we strive to teach children to cooperate and collaborate with others as part of a team. We value an inclusive approach to PE, which endeavours to encourage not only physical development, but also mental wellbeing. Our aim is to challenge each child to reach their full potential and a desire for lifelong participation in physical activity or competitive sport. We aspire for children to adopt a positive Growth Mindset and believe that anything can be achieved with determination and resilience.</p>	<p>PE is a valued subject at St Thomas More, with all pupils receiving 2 hours timetabled PE/Games per week, delivered by our teachers and HLTAs. One lesson will be an indoor lesson (gymnastics, badminton, athletics, inclusion sports, dance etc.) whilst the other an outdoor games-based session (Multiskills, football, netball, tennis, cricket etc.). Our objective within lessons is to develop the children's physical skill, cognitive thinking and social skills. Swimming, Bike Ability, OAA/Teambuilding, fitness and Sports Leadership opportunities are also included in the enriched curriculum.</p> <p>The Long-Term planning for each class sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met. This is tracked by the PE Subject lead.</p> <p>All children have the opportunity to participate in PE at their own level of development, with teachers ensuring that lessons cater for individual needs.</p> <p>The key knowledge and skills of each topic are mapped across each year group.</p> <p>Termly assessments for each individual skill which tracks both physical and cognitive learning.</p> <p>Healthy competitions so children can compete against themselves (Personal Best), In Level 1 intra school competitions so children can compete in a healthy environment against their peers and attendance in as many Level 2 & 3 Inter-School Games competitions and festivals as possible, where we often take 2-3 teams along to compete.</p> <p>Opportunities for the gifted and talented to develop greater depth learning.</p> <p>A sports leadership program for all pupils in Y6.</p> <p>A broad range of sports and activities in both curriculum lessons and after school clubs.</p> <p>'Active Lessons' program employed across the school, which aims to make every child less inactive.</p> <p>High quality, consistent and well-resourced PE lessons.</p> <p>Competition reports, pictures and results published on the website and newsletters for parents and children to keep abreast of the schools sporting success and be proud of our achievements.</p> <p>Links to local/professional clubs and sports venues, providing pathways for children to access sports outside of the school environment.</p> <p>A strong focus is placed on developing good sporting attitudes.</p> <p>Extra-curricular provision also provides further challenge and access to a range of physical activity.</p>	<p>The children complete each key stage with a high proficiency in each aspect of PE.</p> <p>Children are aware of the link between physical activity and good mental health and understand its significance as part of a healthy lifestyle.</p> <p>The school achieves well in a number of sporting activities. Children can represent the school at sporting events from local to county level.</p> <p>Alongside this, we share sporting achievements both in and out of school in Celebration Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success.</p> <p>Our pupils are physically active, and this has a positive impact on their learning and behaviour in the classroom.</p> <p>We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school.</p> <p>We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and have the skills to self-rescue in the water which are key life skills.</p>