



Welcome to Marvellous Me!

Do you want to know more about your child's

- Sleep
- Language and communication
- Healthy eating and drinking
- Toilet training
- Play and development
- School readiness

Then our Marvellous Me! virtual health promotion groups are for you! Our Community Nursery Nurses run these groups weekly for three weeks. We run groups for the following ages: Marvellous Me! Now I'm 6 months; Marvellous Me! Now I'm nearly two and Marvellous Me! Now I'm 3-4 years and ready for school.

Book on here: CNNGroups@oxfordhealth.nhs.uk



"I picked up lots of little tips from weaning to ideas for playing."

"Thank you to the presenters who were very helpful and excellent at presenting what was an interesting course"

Other ways to access health visiting advice and support:



Health Visiting message service for support or advice: ParentLine text 0-4 years: 07312 263081

[Contact us - Oxford Health NHS Foundation Trust](#)

[See our HV Service website for lots of useful links](#)

[Oxfordshire NHS Health Visitors | Facebook](#)

Working together to deliver the best for our communities, our people & the environment

| Caring | Safe | Excellent|



Outstanding care by an outstanding team