RHE & PSHE Long Term Plan Updated November 2023

PSHE RELATIONSHIPS SEX EDUCATION & HEALTH EDUCATION TEN TEN LIFE TO THE FULL (3-5 lessons) Autumn Terms Diversity & understanding & responding to protected characteristics (2 lessons) 1&2 **GOSPEL VIRTUES:** Autumn 1 2023: Grateful & Generous Autumn 2 2023: Attentive & Discerning **BRITISH VALUES:** Autumn 1: Rule of Law Autumn 2: Individual Liberty SAFEGUARDING: INTERNET SAFETY (RE-STATE EXPECTATIONS & SIGN PUPIL AGREEMENT) ANTI- BULLYING WEEK (NOVEMBER) MENTAL WELL BEING PSHE RELATIONSHIPS SEX EDUCATION & HEALTH EDUCATION TEN TEN LIFE TO THE FULL (3-5 lessons) Spring Terms Diversity & understanding & responding to protected characteristics (2 lessons) 3&4 **GOSPEL VIRTUES:** Spring 1 2024: Compassionate & Loving Spring 2 2024: Faith-filled & Hopeful **BRITISH VALUES:** Spring 1: Mutual Respect Spring 2: Tolerance of those with different faiths & beliefs SAFEGUARDING: INTERNET SAFETY ON SAFER INTERNET DAY (FEBRUARY) HEALTHY ME (Physical Health & Fitness, Healthy Eating, Health Prevention & Basic First Aid) **PSHE** RELATIONSHIPS SEX EDUCATION & HEALTH EDUCATION TEN TEN LIFE TO THE FULL (3-5 lessons) Summer Terms Diversity & understanding & responding to protected characteristics (2 lessons) 5&6 **GOSPEL VIRTUES:** Summer 1 2024: Eloquent & Truthful Summer 2 2024: Learned & Wise **BRITISH VALUES:** Summer 1: Democracy Summer 2: Recap all British Values **DRUGS EDUCATION (cwp resources)** ECONOMIC EDUCATION – MONEY & CAREERS (Ten Ten resources)